

ENGLISH TRANSLATION

4th S.O.S. – EXTREMELY URGENT MEDICAL ALERT REQUEST FOR AN IMMEDIATE DECISION TO SAVE MY LIFE

Applicant: Carlos Manuel de São Vicente

Case: 827-21-B

Luanda District Court – 3rd Chamber for Ordinary Criminal Offences

Viana Prison

Date of detention: 22 September 2020

Recipients:

His Excellency the President of the Republic
João Manuel Gonçalves Lourenço

His Excellency the President of the National Assembly
Adão Francisco Correia de Almeida

His Excellency the President of the MPLA Parliamentary Group
Joaquim António Carlos dos Reis Júnior

Her Excellency the President of the UNITA Parliamentary Group
Albertina Navemba Ngolo

His Excellency the President of the Joint Parliamentary Group (PRS-FNLA)
Benedito Daniel

First Committee of the National Assembly
António Rodrigues Afonso Paulo

Honourable President Judge of the Supreme Court
Norberto Sodrê João

Honourable President Judge of the Constitutional Court
Laurinda Jacinto Prazeres Monteiro Cardoso

Honourable President Justice of the Criminal Chamber and Coordinator of the Ad Hoc Commission
for the Analysis of Excessive Pre-Trial Detention Nationwide
Domingos da Costa Mesquita

Honourable President Judge of the Luanda District Court
Paulino Gaspar Cândido

His Excellency the Attorney General of the Republic
Pedro Mendes de Carvalho

His Excellency the Ombudsman
João Manuel Francisco

Her Excellency the Minister of Health
Sílvia Paula Valentim Lutucuta

His Excellency the Minister of the Interior
Manuel Gomes da Conceição Homem

His Excellency the Minister of Justice and Human Rights
Marcy Cláudio Lopes

Director-General of the Penitentiary Services
Bernardo Pereira do Amaral Gourgel

Director of Medical Services of the DGSP
Manuel Pereira Freire dos Santos

Provincial Director of the Penitentiary Services
Suzeth Lopes Fragoso Aguiar

Director of Viana Prison
Abdul Joaquim Bango

Director of São Paulo Prison Hospital
Fernando Martins de Sousa

President of the Angolan Bar Association
José Luís António Domingos

President of the Angolan Medical Association
Jovita André

President of the Association of Judges of Angola
Ismael Diogo da Silva

Luanda

I. PURPOSE OF THIS 4th S.O.S.

1. This 4th S.O.S. does not replace the requests previously submitted. It constitutes an interim and extremely urgent alert, prompted by the exhaustion of the clinically useful time available for the urological treatment that I require.
2. On 17 March 2026, I underwent endoscopic ureterolithotripsy at Clínica Girassol. The procedure did not completely remove the ureteral stone, and a Double-J ureteral stent was inserted.

3. Subsequent laser urological surgery was indicated to definitively treat the obstruction, remove the remaining stone and remove or replace the stent. The intervention should have taken place within the clinically recommended timeframe, initially scheduled for 16 June 2026, but it was not performed.

II. THE CLINICAL WINDOW IS RUNNING OUT

4. It is approaching six months since the intervention of 17 March 2026. Prolonged retention of the stone and stent, without definitive assessment and treatment, progressively increases the risk of urinary obstruction, infection, pyelonephritis, urosepsis, kidney damage and irreversible loss of function of the left kidney, as already extensively detailed in the previous requests.

5. I state, on the basis of the available clinical information and the medical warnings already submitted, that each further postponement increases a serious, foreseeable and potentially irreversible risk.

6. Medicine cannot guarantee that my body will withstand the delay already accumulated without consequences. I need to be released in time to undergo treatment while there remains a real possibility of preserving kidney function and my life.

III. KNOWLEDGE AND RESPONSIBILITY OF THE AUTHORITIES

7. The Recipient Authorities are aware of my medical condition, the incomplete surgery, the presence of the stent, the episodes of haematuria and pain, the need for the three urgent interventions, and the successive requests for release submitted since 21 March 2026.

8. The absence of a decision can no longer be treated as a mere administrative delay. In the face of a known medical risk, inaction may make it impossible subsequently to remedy the harm suffered.

9. The State keeps me in its custody and therefore has a heightened duty to protect my life, my health and my physical integrity. No Authority may claim ignorance of the risks that have repeatedly been communicated and documented.

IV. IMMEDIATE REQUEST

10. As a matter of extreme urgency, I request:

- a) my immediate release on medical, humanitarian and legal grounds by 15 August 2026;
- b) immediate authorisation for me to travel to Lisbon, where my family has arranged the assessment, treatment, surgery, hospitalisation and post-operative follow-up;
- c) the issuance, without delay, of all documents, authorisations and communications necessary for the travel and treatment;
- d) a formal, reasoned decision, communicated to the Applicant and his legal representatives, within a timeframe compatible with the clinical urgency.

Yours faithfully,

Carlos Manuel de São Vicente

Viana Prison, 28 July 2026

Cc:

- United Nations Human Rights Council – Working Group on Arbitrary Detention
- United Nations Special Rapporteur on the Independence of Judges and Lawyers
- United Nations Special Rapporteur on Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment
- African Commission on Human and Peoples' Rights
- International Committee of the Red Cross
- Amnesty International
- Human Rights Watch
- International Federation for Human Rights
- International Service for Human Rights